



Active Adult Programs Monthly Planner



MONDAYS

Silver Sneakers "Classic" - Every Monday (Sponsored by Humana)

9:00 AM at the Community Center

Ceramics - Every 2nd & 4th Monday

10:00 AM at the Community Center

Crafting - Class will continue in August

Watercolors and More Painting Group - Every 1st and 3rd Monday

12:00 PM at the Community Center

Walking Club - Every Monday *Weather permitting

6:00 PM at Flamingo West Park

TUESDAYS

Social Pinochle - Every Tuesday *Summer Session 6/11 - 8/8

9:30 AM - 12:30 PM at the Community Center

SHINE Medicare Personal Consultation - Every 3rd Tuesday

10:00 AM at the Community Center

Silver Sneaker "Tone" - Every Tuesday

1:45 PM at the Community Center

Tai Chi - Every Tuesday (Sponsored by AABC)

2:30 - 3:30 PM at the Community Center

WEDNESDAYS

Instructional Knitting - Every Wednesday

9:30 AM at the Community Center

Knitting & Crocheting Group - Every Wednesday

10:00 AM at the Community Center

Line Dancing - Every Wednesday

10:30 AM at the Community Center

Table Games - Every Wednesday

12:30 PM at the Community Center

Mahjonn (Open Play) - Every Wednesday

1:00 PM - 3:00 PM at the Community Center

THURSDAYS

Social Pinochle - Every Thursday *Summer Session 6/13 - 8/8

9:30 AM - 12:30 PM at the Community Center *Summer Location

Yoga for Wellness - 2nd and 4th of every month *Summer Schedule

10:30 AM at the Community Center

Movie Matinee - Every Thursday *Movies listed on our website

12:00 PM at the Community Center

Tai Chi - Every Thursday (Sponsored by AABC) * Summer Session 6/13- 8/8

1:45 - 2:45 PM at the Community Center

Ageless Grace - Every Thursday - No class in June and July

Line Dancing - Every Thursday *Summer Session Begins 6/20

1:00 PM - 2:30 PM at the Community Center

FRIDAYS

Book Club - First Friday of each month *Books listed on our website

12:00 PM at the Community Center - *Orbital* discussion

***All programs scheduled excluding those on major holidays.**

Times, dates and events are subject to change.

For more information and registration, please call 954-434-4300, #255.



Active Adults Planner July 2024

STAY INFORMED

THIS MONTH!

- 7/11 - Fraud Prevention
- 7/18 - Summer Jam Session
- 7/29 - Breakfast Bunch

COMING SOON..

- Sweet Aloha
- Festival Marketplace
- Summer Bruncheon
- Old Davie School House

COMMUNITY CENTER CLOSED

THURSDAY, JULY 4TH

No programs or classes
scheduled



JULY 1 \$\$

Something to Stand For with Mike Rowe Movie
Regal Broward Theatre - No Transportation Available

JULY 2

Classic Special Feature: American Graffiti
11:00 AM at the Community Center *No movie matinee 7/4

JULY 4 - CLOSED INDEPENDENCE DAY

No programs/activities, no birthday breakfast to be combined with monthly luncheon

JULY 8 AND JULY 22

Ceramics: X-mas in July
10:00 AM at the Community Center

JULY 11

BSO Senior Safety Series - Fraud Prevention
10:00 AM at the Community Center - Must RSVP by 7/8

Yoga - Sponsored by InTune Health - Class will also take place on 7/25
9:00 AM at the Community Center

JULY 12

Memory Lane Discussion Group
11:00 AM at the Community Center

JULY 13 \$\$

Broadway Through the Years Two Theater Trip
Bus Departs at 1:00 PM from the Community Center (2 PM Showing) - Must RSVP by 7/8

JULY 16

SHINE in-person Consultation
10:00 AM at the Community Center

Florida Licensing on Wheels
10:00 AM at the Community Center - By Appointment Only

JULY 18

Summer Jam Session
10:30 AM at the Community Center

JULY 19

Doc Talk with Peacefully Insured: Vision Health
11:00 AM at the Community Center - Must RSVP by 7/17

JULY 26 \$\$

Broward County Property Appraisers Homestead Exemption Assistance
10:00 AM at the Pool and Tennis Center

Red, White & Blues Luncheon - Partnered with Elite Health Conviva Care
11:00 AM at the Community Center

JULY 29 \$\$

Breakfast Bunch - Lester's Diner Sawgrass
Bus departs at 11:30 AM from the Community Center - Must RSVP by 7/24

JULY 30

Humana Sponsored "Program in a box" Topic: Partnering with your doctors
10:30 AM at the Community Center

TRANSPORTATION INFORMATION

Transportation available for Pre-registered participants only.
Reservations must be made 48hrs in advance.

Activities, days & times may have changed subject to change or cancelation.

Tickets non-refundable, all sales final
For more information and registration, please call 954-434-4300, #255