

Minutes for the Senior Advisory Board Meeting
November 8, 2023
6:00pm
Cooper City Community Center
9000 SW 50th Place

Meeting called to order at 5:56p by Heidi Stein

Attendance-

Carmen Ledford
Marty Duda
Gina Maggio

Heidi Stein
David Duda

Amy Heywang
Marc Federici

Guests-

Elsa and Ramon Guerrero

Absent- David Schaffer

Minutes from the last meeting (September 14, 2023) were approved as written by Marc Federici and seconded by David Duda. No meeting October as no quorum.

A letter was sent to David Schaffer to determine his intentions as he is in violation of ordinance 23-5 section 2-1-16 (letter read to the board). He responded to general reminder he is unable to attend. We are looking to recruit 3-4 more members. Amy Heywang was welcomed back to the board.

Discussed moving the meeting to a time when the board is here already if within the bylaws and approved by commission. It would have to be on a day when there are no meetings by any other committee or workshop.

Updates on adult programming-

There is a lot of info being shared to the seniors- Humana, Shine, BSO Crime Center Tour, Arbor Terrace will do a talk about senior housing choices, Devoted, senior luncheon (In Tune Health sponsor). Flow Mobile is back after a 2 month break, lunch bunch to Cracker Barrel Nov 27. Nov 28 in partnership with FAU- presenting a program about driving over age 65 and brain health. November is National Diabetes month and there is a one pan cooking demonstration.

Light up Cooper City is December 1. The center is closed Dec 25, 26 and January 1 and 2.

Registration open for Barnum and Bailey reimagined January 27 at Amerent Arena, where the Panthers play hockey (\$40.50) and in February is Senior Expo.

Welcomed the Guerrero's and discussed again changing the time to earlier. Elsa used to work at Cooper City Elementary. Reviewed projects we have participated in- Light up Cooper City, Wellness Expo, Senior Lifestyle Expo. We share and get feedback. We discussed the chairs at the center.

Old business-

Walk in Memorial Park at dusk before a meeting, 5:30p December 13, offer refreshments and have people stay for a meeting.

We discussed Senior Expo and how we need more volunteers at the event, teens and college students perhaps. We need a better way of keeping track of attendees. We want the dog to come back, Humane Society or Animal Control.

We would like the swimming group out again, Every Child a Swimmer. February 3 is the Expo. Health and Wellness Expo is January 6.

New Business-

Stirling Group won the bid for food for seniors, formerly Meals on Wheels, discussed working with the center and serve meals, usually a donation, \$2-\$5. Buffet or sealed hot meals, they may want a site coordinator. No contract and anyone here can sign up

Killarney Ireland, sister city discussed communicating with them. Discussed zoom, put a package together with photos.

Toastmaster style presentation with seniors, specific topic 90 second timed talks.

Tour Christmas lights at Southwest Focal Center Holiday Display, Fairchild Gardens, Knauss Berry Farm, Tradewinds Park light display, water taxi, Jungle Cruise. December 10 Symphony at Broward College, 4p free.

Blue Moon is now Cooper Diner and we could go there as a group for lunch.

Meeting adjourned 7:04p

Respectfully submitted,

Heidi Stein