

**Minutes of Cooper City Senior Advisory Board  
September 15th, 2022  
Cooper City Community Center**

Called to order at 6:05 p.m.

In attendance was Barbara Bowers, Heidi Stein, Amy Heywang, Marc Fererici, David Duda, Marty Duda, Jamie Schwartz, Jeff Schwartz & Janice Nagel.

Amy makes a motion to approve minutes and Heidi second it.

Gina shares much of what went on over the summer & the September calendar.

Table games continue to be a success. Heidi shared how nice the group is and the enjoyment they are having!

Mondays are going well with: Tai Chi, instructor from Chen Medical.

Ceramics every other week as they are thinking about maybe adding a specialty class making certain items.

Watercolors, 1st & 3rd Monday each month.

Next Monday offering Quilling.

An Art Fair Show & Luncheon is being planned.

Ageless Grace resumed again on Tuesdays and a large group came to class. They are looking to add Chair Yoga and Barbara reminded Gina to Call Sharon Veingrad who is certified.

Thinking of starting a poetry club. Barbara mentioned she might know a woman interested in facilitating it.

A new Nutrition program started every other Friday and went well. It was educational and enjoyable.

Marc shared that he had gone to the Marlin's game.

The next virtual travel club date is going to Jamaica.

Broward Sheriff's office is coming to do a Senior Safety program "Civilian Active Killer". As emotional as it is, it is certainly needed and useful.

Special Event: Health & Wellness Expo on Saturday, October 22nd, put on by the City of Cooper City, from 9:00 a.m. to 12:00 p.m. at Flamingo West Park.

Coming soon, "Little Shops of Horror" at the Broward Theatre.

Next Lunch Bunch is to Fuddruckers.

Gina opened and read a beautiful thank you card to the Board, from Ida & Delores. We got a kick out of them separately thanking Amy for transportation to the appreciation dinner!

Marc shared with us that he thinks he might have a sponsor for the Expo postcards directly mailed! OMG! He has been talking to Roni Sterin Realtor. We talked about maybe getting other businesses to advertise on side 2 along with her, because Gina mentioned we really needed to think about this, because of all the other realtors, businesses, etc. Or, Roni does sponsor, and maybe we give "others" an opportunity the following year. We don't know as of now. We're all going to think about this amazing opportunity!

Then, Barbara came up with the idea of bringing the Exotic Petting Zoo to the Expo, but we all know that we do not have the budget for it....unless we get Roni Sterin to sponsor!!

Then, another wonderful idea from Heidi, who suggested maybe having the Humane Society at our Expo & they can bring pets for adoption!

Then, Marty had a wonderful idea to have restaurants taking tables at the Expo with food samples! With this, Gina shared with us that the Business board is putting on "Taste of Cooper City Expo" in November.

Marty suggested that the board make personal phone calls to the people who filled out the surveys from the Expo. We would be filling them in on the calendar each month.

Marty shared her love for music therapy and gardening. We talked about how we could bring "gardening" into the Expo and/or starting up a Gardening Club, and how it has not worked in the past. We talked about how the City sponsors "House of the Month"! Janice mentioned that she is a member of the Plantation Garden Club!

Jamie added the idea that grandparents can bring their grandchildren to a gardening project.

Marty talked about how Publix has cooking classes and maybe we can do something with grandparents and grandchildren with cooking.

Marty mentioned that maybe we can get a group of children to sing before an event. Gina mentioned "Inna's Hall of Fame" who has performed for Cooper City before.

Marty had an idea to showcase artwork made by children at an event, maybe as an auction or just to show. Gina told us that the City started an after school program for Cooper City Elementary and that those children can do the artwork!

Janice brought up the idea of donating jewelry that we have not worn in years as raffles for our Expo. Because of this, the Plantation membership grew. We thought it was a great idea.

Gina asked the board for our t-shirt sizes for new shirts.

We talked about a Thanksgiving food drive and maybe making a basket for a needed family.

Next meeting Wednesday, October 12th, 2022 at 6:00 p.m.

Heidi made the motion to adjourn at 7:16 p.m. and Barbara second it.