

**Minutes for Senior Advisory
Board March 8, 2023**
Cooper City Community Center
9000 SW 50th Place

Meeting called to order at 6:07p by Heidi Stein

Attendance-

Heidi Stein	Amy Heywang	Marc Federici
Marty Duda	Carmen Ledford	David (Skipper) Duda
Gina Maggio		

Absent-

Jaime Schwartz	Jeff Schwartz	David Shafler
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Gina is going to speak to Joe Napoli (city manager) as David has not been to a meeting since he has been appointed to the board.

Volunteer hours were calculated

Minutes from February meeting were approved by David Duda and Amy Heywang with the following changes: Tech Talk is Torrence Mack and Barbara Fox is the Mystery Show provider and Joanna Scott is the travel agent for extended day trips. They are tentatively coming to April & May meeting to discuss their offerings.

Gina presented program updates for the Active Adults-
Holistic chair yoga at Community Center Thursdays 9a
Lunch and Learn 3/9 10:30a Neuropathy presentation
Lucky Bingo at Elite Health in Davie

Monthly luncheon at the Community Center 3/17

Virtual Ireland tour 3/22

Property appraiser to help with Homestead exemption and Nutrition and Health both 3/24

Garage sale 3/25 at Flamingo West Park-spaces are still available

Tai Chi for Arthritis Mondays and Wednesdays 11-12 at the Pool & Tennis Center beginning the end of March through the end of May.

Zoom on Medicare Fraud 3/31 at noon

BSO Community outreach 4/4 on crime prevention.

Meet and greet at the book club was 3/3. There were 10-12 participants and they seemed pleased with the change in format to an assigned book rather than a topic. They are reading "Where the Crawdads Sing" and will meet April 7 to discuss and watch the movie afterwards.

April 10 Vita Tax Pro will be here to assist with taxes by appointment
Lunch outing 4/28 will be to the Fat Stork, no lunch outing in March.

Old business- Carmen, Heidi and Amy wrote thank you cards to the vendors that participated in the Senior Expo. Gina has the survey responses which the board needs to go through yet. She said we are allowed to respond to the surveys as the board if we want more feedback or to give out information.

Amy and Heidi are going to assist in the Founders Day activities the city has on Founders Day, 3/11 from 3-6p. Gina is going to see if she can get us a parking pass.

New Business- National Water Safety Month is May and SAB wants to promote the Water Watcher program and water safety with grandparents and caretakers. Skipper (Dave Duda) has contacts- Casey McGovern of Every Child a Swimmer Program and Jay Sandford of Swim Central. Jay is independent but works through Broward County Parks and Recreation to get coupons for swim lessons for underprivileged children. We talked of getting music and perhaps sponsors for water safety and make it a fun event for grandparents to bring the kids. We would need to be at the Pool and Tennis Center and looked at June 10 as the kids are out of school. If we can coordinate with the city to use the pool for free that day as they usually have a pool open house at the end of school.

Adjourned 6:58p

Next meeting 4/12/23