

**Minutes for Senior Advisory
Board January 11, 2023**

6:00pm

Cooper City Community
Center 9000 SW 50th Place

Call meeting to order (Secretary)

Called to order 6:03pm by Heidi Stein

Attendance: (Secretary to record physical attendance)

Volunteer Hours calculated.

Attendance-

Heidi Stein

Amy Heywang

Jeff Schwartz

Jaime Schwartz

David (Skipper) Duda

Marty Duda

Carmen Ledford

Barbara Bowers

Gina Maggio

Excused Marc Federici and David Shafler

Guests Joe Napoli, Jeremy Katzman and Brandon Zickar

Approval of minutes from December, 2022 (show Motion, Second, Vote, Pass or Fail)

Minutes of December meeting were approved by Heidi Stein and seconded by Skipper Duda.

Board Member updates, welcome new members.

Barbara Bowers resigned from the board and spoke to the board. New member David Shafler was not present but spoke to Gina over the phone.

- Brandon spoke about the Senior Fest coming up and reviewed who has agreed to participate so far. More are expected, usually last minute. We reviewed roles that needed to be filled, the whole board is needed to participate. Amy Heywang and Carmen Ledford will be greeters, Marc Federici and student volunteers will hand out bags and Heidi, Amy and Carmen will man our booth. Jaime and Jeff will handle the raffle tickets and surveys. Marty and Skipper have a power point presentation on water safety for grandparents. We aren't sure if that will be part of our display or go with fire and safety or perhaps a separate event at a later time.
- Our annual budget is \$4700 and we are already over budget with the mailer and postage and give away. We chose a less expensive give away, magnetic chip clip and saved \$200. Heidi made the motion and Skipper seconded it.

- Gina discussed upcoming events-
- Silver Sneakers back, Ageless Grace back, Tech talk restart February, lunch bunch, senior luncheon, birthday breakfast. Area agency on Aging is doing classes on Zoom 1/13 and 1/18. Flow mobile is full for January but appointments available for March 22. Devoted 2U and Tai Chi hopefully back soon.
- ADRC area aging is having a fashion show and luncheon 2/14 at the Renaissance in Plantation.
- Discussed mental health advisory council is having their first meeting and mental health expo 1/23 6:30p at City Hall. The city is part of an opioid settlement to be paid out over 20 years. We discussed Covid and isolation, depression and effects on the elderly population.

Adjourned 7:20pm

This meeting is open to the public. In accordance with the Americans with Disabilities Act of 1990, all persons who are disabled and who need special accommodations to participate in this meeting because of that disability should contact **Gina Maggio, 954-434-4300 #255**, no later than two days prior to such proceeding. One or more members of the Cooper City Commission and/or Advisory Boards may be in attendance and may participate at the meeting. Agenda items may be viewed at the City of Cooper City, **City Hall, 9090 SW 50 Place, Cooper City, Florida, 33328**.